

October Menu

Monday	Tuesday	Wednesday	Thursday
1 Breakfast Chocolate Chip Banana Muffin, Yogurt, Peaches Lunch Chili Fries w/ Green Chili, Spanish Rice, Corn, Applesauce	2 Breakfast Pancakes w/ Butter and Syrup, Pears Lunch Chicken & Noodles w/ Roll, Green Bean, Mandarin Oranges	3 Breakfast Scrambled Eggs, Toast w/ Jam Lunch Pepperoni Pizza Salad w/ Ranch Dressing Fruit Cocktail	4 Breakfast Cereal, Toast w/ Jam, Fruit Cocktail Lunch Sloppy Joe on a Bun, French Fries, Roasted Carrots, Pineapple
9 Tue. (Columbus Day NO SCHOOL Monday) Breakfast Biscuits and Gravy, Mandarin Oranges Lunch Spaghetti w/ Meat Sauce w/ Roll, Salad w/ Italian Dressing, Pears	10 Wed. Breakfast Breakfast Bake Tortilla, Applesauce Lunch Sweet & Sour Pork, Buttered Noodles w/ Roll, Mix Vegetables, Peaches	11 Thur. Breakfast Bagel w/ Jam, Yogurt, Peaches Lunch Fancy Fish, Roasted Potatoes w/ Roll, Peas, Applesauce	12 Fri. Breakfast French Toast Syrup and Butter, Pears Lunch Chicken Tacos w/ Salsa, Spanish rice, Corn, Mandarin Oranges (No elementary school)
15 Breakfast Blueberry Muffin, Pineapple Lunch Meat Loaf, Mash Potatoes w/ Gravy w/ Roll, Roasted Squash, Fruit Cocktail	16 Breakfast Cereal, Toast w/ Jam, Fruit Cocktail Lunch Chicken Alfredo w/ Roll, Broccoli, Pineapple	17 Breakfast Scramble Eggs, Tater Tots, English Muffin, Mandarin Oranges Lunch Beef & Cheese Burrito, Red Chili, Refried Beans, Pears	18 Managers Choice
22 Breakfast Breakfast Bake, Toast w/ Jam, Peaches Lunch Italian Pasta Bake w/ Roll, Salad w/ Italian Dressing, Applesauce	23 Breakfast Biscuit and Gravy, Pears Lunch Tostado w/ Salsa, Spanish Rice, Corn, Mandarin Oranges	24 Breakfast Cereal, Toast w/ Jam, Pineapple Lunch Diced Chicken w/ Gravy, Mash Potatoes, w/ Roll Green Beans, Fruit Cocktail	25 Breakfast Bagel w/ Jam, Yogurt, Fruit Cocktail Lunch Pork Stir Fry, Buttered Noodles w/ Roll, Sliced Tomatoes, Pineapple
29 Breakfast French Toast Syrup and Butter, Applesauce Lunch Chicken Enchilada Casserole, Spanish Rice, Corn Pears	30 Breakfast Cranberry and Chocolate Chip Muffin Lunch Beef Stroganoff, Buttered Noodles w/ Roll, Mix vegetables, Peaches	31 Breakfast Scramble Eggs, Tater Tots, Toast w/ Jam, Pears Lunch Cajun Fish, Brown Rice, Diced Carrots, Mandarin Oranges	Milk and fruit provided daily